



# ARIZONA DESERT DOLPHINS

## 2009 HOLIDAY MEET SRD/NTS/8 & U FMT 1 & 2 DECEMBER 12<sup>TH</sup> & 13<sup>TH</sup> 2009 Held under the Sanction of USA Swimming, Inc.



Sanctioned by: Arizona Swimming, Inc. Sanction No. AZ10C027

- Liability:** In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., AZDD, CITY OF SIERRA VISTA DEPARTMENT OF PARKS AND LEISURE SERVICES, Spears Aquatics Inc., and all meet officials shall be held harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet, which includes the warm-up portion of the meet.
- Sponsored By:** ARIZONA DESERT DOLPHINS / Tsunami Swim Team  
**Meet Location:** CITY OF SEIRRA VISTA – THE COVE – 2900 MLK JR. PARKWAY – OFFICE 417-4800  
**Meet Director:** Jim Spears (520) 907-5631 (Cell Phone at meet) **Meet Referee:** JUDY GILLIES JGILLIES2@COX.NET **Course:** Short course, 25-yard INDOOR pool with non-turbulent 8-lane pool. Colorado starting system with 3 digital watch OR TWO BUTTON timing WITH DISPLAY WILL be used. Warm-up / cool-down lanes WILL BE available. The competition course has not been certified in accordance with 104.2.2(C).
- Eligibility:**
1. Open to any USA Swimming registered athlete holding a valid current USA Swimming card as of the meet entry deadline.
  2. Swimmer's age on DECEMBER 12th, 2009 shall govern for the meet.
  3. A valid USA Swimming registration card must be presented to the Clerk of Course, if requested.
  4. This is a NO Time Standard Meet.
  5. USA Swimming **REGISTRATION MUST BE COMPLETED BY THE MEET ENTRY DEADLINE** IN ORDER FOR THE SWIMMER TO BE ELIGIBLE. No on-deck registration will be available.
  6. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, referee, and entry coordinator as to the need for any special accommodations or seeding arrangements, at the time the entry is submitted.
- Rules:**
1. The current USA Swimming rules for competitive swimming will govern.
  2. All individual events are short course pre-seeded, timed finals, with the exception of the 400 IM and longer events which will require positive check-in.
  3. All swimmers are limited to five (5) individual events per day, four per session (4). 8 & under swimmers are limited to five (5) individual events per day or session.
  4. Entry times must be the swimmer's best short course times. **Only** first-time participant in USA Swimming should enter with a NT (no-time).
  5. **TimeTrials** may be offered at the discretion of the meet referee.
  6. All coaches and officials must be USA Swimming registered prior to the competition and wear the current registration in a visible manner.
  7. There is a positive check-in with the Clerk of the Course for DISTANCE EVENTS. Swimmers in DISTANCE events must check in **prior to the scheduled start of the Session in which the event is swum.** DISTANCE events **may** be functionally seeded, and may be swum fastest to slowest, but will be scored and awarded separately by age group and gender. Also all swimmers in the 400 IM, 500, 1000 & 1650 Freestyle must provide their own individuals for counting laps and their own timers (3 timers) at the discretion of the meet referee.
  8. Arizona controlled warm-up procedures will be enforced and posted.
  9. 8 & Under swimmers may enter Open or 12 & Under events if they have at least one regional qualifying time.
- Schedule:**
- |            |                           |   |                           |
|------------|---------------------------|---|---------------------------|
| Session I  | Saturday, Dec. 12th, 2009 | 6:00 AM Warm-up, cool down in east lanes, 7:00 AM Start | <b>open &amp; 8 under</b> |
| Session II | Sunday, Dec. 13th, 2009   | 6:00 AM Warm-up, cool down in east lanes, 7:00 AM Start | <b>open &amp; 8 under</b> |
- Entries:** \*\*\*\*\* The meet host reserves the right to limited the meet to the first 200 swimmers to accommodate a time line ending at 11:30 am. AND ANY EVENTS NOT CONCLUDED BEFORE 11.30 AM MAY BE CANCELED due to facility scheduling.  
All entries must be on the enclosed Arizona entry form and sent to: Jim Spears (520) 907-5631  
**Coach's:** e-mail - send entries to: SPEARSAQUATICS@AOL.COM 2681 W. Firebrook TUCSON, ARIZONA 85741  
ALL ENTRIES MUST BE RECEIVED BY 11:00 PM on Wednesday Dec. 9 th, 2009. Hand deliveries may be made to the above address. No new heats will be created, nor will any event be re-seeded to accommodate late entries. **NO LATE USA REGISTRATIONS.** Entries will not be accepted without payment and / or without USA number. E-mail Team entry fees are due and payable with a team check, prior to the beginning of the first session.  
Make all team checks payable to: **SPEARS AQUATICS.**
- Fees:** Individual Events: \$3.00/event LSC Surcharge: \$5.00/swimmer Time Trial Events: \$8.00 Fees are non-refundable.
- Awards:** NTS and 8 & under sessions, Ribbons will be awarded separately by age group and gender to the top 8 places in each event.

Concessions: There will be a snack bar available at this meet.

Timing: Participating teams will be assigned lanes for timing based on the number of participants from each team in the session, 3 timers per lane. All swimmers in Time Trials and the 400 IM, 500, 1000, & 1650 Freestyle must provide their own individuals for counting laps and timing (3 timers).

Pool Location: Travelling South on I-10 east, south to hwy 90 to east then south to hwy 92 then west on MLK JR. parkway

**ONLY resin (plastic) chairs will be permitted on deck!! Towels or mats need to be under the legs of tarps and metal chairs**



ARIZONA SWIMMING – USA SWIMMING ENTRY CARD

MALE

SWIMMERS NAME \_\_\_\_\_ AGE \_\_\_\_\_  
 (Last Name) (First Name) (MI)

FEMALE

EVT NO.	FREE (Submitted Time)	EVT NO.	BACK (Submitted Time)	EVT NO.	BREAST (Submitted Time)	EVT NO.	FLY (Submitted Time)	EVT NO.	I.M. (Submitted Time)	
	25		25		25		25		100	
	: .		: .		: .		: .		: .	
	50		50		50		50		200	
	: .		: .		: .		: .		: .	
	100		100		100		100		400	
	: .		: .		: .		: .		: .	
	200		200		200		200			
	: .		: .		: .		: .			
	400/500	USA SWIMMING # _____ TEAM _____ CLUB INITIALS _____ PARENT TO _____ CONTACT _____ PHONE _____							Number of Events	
	: .								X \$3.00 = \$ _____	
	800/1000								Surcharge: \$ 5.00	
	: .								Late Fee: \$ _____	
	1500/1650								Pay this Amount: \$ _____	
	: .									

Mail entries to Jim Spears, 2681 Firebrook, Tucson, AZ 85741 Make checks Payable to: SPEARS AQUATICS

## 2009 HOLIDAY MEET

Order of Events \*\*\*This meet is offering Format 1&2 events for 8&U and NTS.\*\*\*

All Age Group & SRD Swimmers will swim together but be awarded separately by age group and gender.

**Session I SATURDAY DEC. 12th, 2009 Warm-ups: 6:00 am Start: 7:00 am**

Women		Event Description		Men
1	OPEN	200 FREE	OPEN	2
3	8 & UNDER	100 IM	8 & UNDER	4
5	OPEN	200 IM	OPEN	6
7	8 & UNDER	50 BREAST	8 & UNDER	8
9	OPEN	50 BREAST	OPEN	10
11	8 & UNDER	25 BACK	8 & UNDER	12
13	OPEN	100 BACK	OPEN	14
15	8 & UNDER	25 FLY	8 & UNDER	16
17	OPEN	100 FLY	OPEN	18
19	8 & UNDER	50 FREE	8 & UNDER	20
21	OPEN	50 FREE	OPEN	22
23	11 & Over	200 BREAST	11 & Over	24
25	OPEN	500 FREE	OPEN	26
27	11 & Over	400 IM	11 & Over	28

**The wave pool and water slides will be open at 12 noon each day.  
Say you are with the swim meet and you will receive a discount.**

8 & UNDER SWIMMERS MUST HAVE AT LEAST 1 AG REGIONAL TIME TO SWIM AG EVENTS

AGE GROUP Swimmers are limited to (4) four individual events per SESSION.

8 & under AND AGE GROUP swimmers are limited to five (5) individual events per day.

All Age Group & SRD Swimmers will swim together but be awarded separately by age group and gender.

**Session III SUNDAY DEC. 13th, 2009 Warm-ups: 6:00 am Start: 7:00 am**

Women		Event Description		Men
33	11 & Over	200 BACK	11 & Over	34
35	12 & Under	100 IM	12 & Under	36
37	8 & UNDER	100 FREE	8 & UNDER	38
39	OPEN	50 FLY	OPEN	40
41	8 & UNDER	50 FLY	8 & UNDER	42
43	OPEN	50 BACK	OPEN	44
45	8 & UNDER	50 BACK	8 & UNDER	46
47	OPEN	100 BREAST	OPEN	48
49	8 & UNDER	25 BREAST	8 & UNDER	50
51	OPEN	100 FREE	OPEN	52
53	8 & UNDER	25 FREE	8 & UNDER	54
55	11 & Over	200 FLY	11 & Over	56
57	11 & OVER	1000 FREE	11 & OVER	58
59	11 & OVER	1650 FREE	11 & OVER	60

8 & UNDER SWIMMERS MUST HAVE AT LEAST 1 AG REGIONAL TIME TO SWIM AGE EVENTS

AGE GROUP Swimmers are limited to (4) four individual events per SESSION.

8 & under AND AGE GROUP SWIMMERS are limited to five (5) individual events per day.

All Age Group Swimmers will swim together but be awarded separately by age group and gender.